

BRIDGES

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The Prairie Short Season Yard a must-have for gardeners **P. 11**

ON THE SCENE:

Yogathon raises money for youth, promotes happiness **P. 12**

MUSIC:

Newly formed band of young gals featured at bluegrass festival **P. 30**

WEDNESDAY, AUGUST 13, 2014

A STARPHOENIX COMMUNITY NEWSPAPER

FIGHTING BACK

MICHELLE NELSON'S BOXING CAREER HAS PREPARED HER FOR SOME TOUGH BLOWS IN LIFE **P. 6**



FREE

IN THE CITY

AUGUST 6, 2014 — 7:13 P.M.

A wild ride



Gage Johnson and Tracy Massey ride the Scorpion at the Sandcastle Entertainment Park at Aug. 6, 2014. (PHOENIX) PHOENIX PHOENIX COMMUNITY

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ON THE COVER PG. 6



Michelle Nelson-Hay, a won national boxing title as an amateur and is pro, but now fights on her hands. Nelson recently beat cancer and her three-year-old son has autism. **STYLING: PHOTOS BY MICHAELA BROWN**

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MUSIC P. 30



The Bluegrass 365 festival in Saskatchewan is PWN's 3rd year and is one of the highlights of the Northern Lights Bluegrass Festival after forming the group at last year's festival. **SUBMITTED PHOTO**

BRIDGES COVER PHOTO BY MICHELLE BERG

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GARDENING

GARDENING IN SASKATCHEWAN

How to incorporate art into your garden



All over to incorporate art into your garden, like these pieces by Saskatchewan artist Karen Maguire. Photo courtesy KAREN MAGUIRE

By Erl Svendsen

Gardens and art have been closely tied together for centuries.

Gardens are an ideal source of artistic inspiration with their beautiful flowers and fruits, unpredictable or subtle colour combinations, form and grand vistas, along with studies on the interplay of light and shadow.

However, art in the gardens can be an overlooked element of design. So says Karen Maguire, one of a group of artists who incorporated both of their media and as a natural, outdoor art gallery to display their work.

"Art adds interest to a garden,"

says Maguire.

As a focal point, art can be used to draw attention to a special planting, lead to a door or draw visitors into a garden or a carefully planned path. It can be used to add height and drama to a space, or to create surprise when art is hidden out of sight, or around a corner.

Interestingly, you can reverse this idea of incorporating art into a garden by using carefully considered plantings to highlight a special piece of art.

That is the case in the Lee Mill Sculpture Garden in Assiniboine Park in Winnipeg or Prenger Park in

Didsbury, Alberta where art is the focus and the plants are the accessories.

Sculpture is the medium that comes first to mind when one thinks of art in a garden, whether it is a regal statue like a statue of a person or animal, or more modest, abstract art.

Depending on the materials used, sculptures can change little over time. Mosaic aging signs of slight erosion or a hulking up of a patina iron or metal or concrete sculptures serve as a counterpoint to the constantly evolving plants.

Wood sculptures can be ephemeral in nature, changing dynamically and

drastically over time. New layer of colour and texture are added as the sculpture grows, while older and perhaps more fragile parts are lost.

Art in the garden isn't limited to these traditional pieces. Maguire hangs paintings in her gardens. You can hang art on your fence, a free-standing trellis, garden walls or a propolis. And why not? The paints add colour and interest, and down the eye above the plant canopy. And like walls, fences and other vertical structures are ideal for hanging.

Fences are used to contain boundaries and can define garden rooms, while creating a sense of privacy

NINTH ANNUAL ART IN THE GARDEN SHOW AND SALE

Karen Maguire, along with painter Kathleen Stavni and Saliva Therrien, sculptor James Karpen and photographer John Renet, have been showcasing their artwork in outdoor spaces for several years in Saskatchewan. This year they will be host their ninth show and sale.

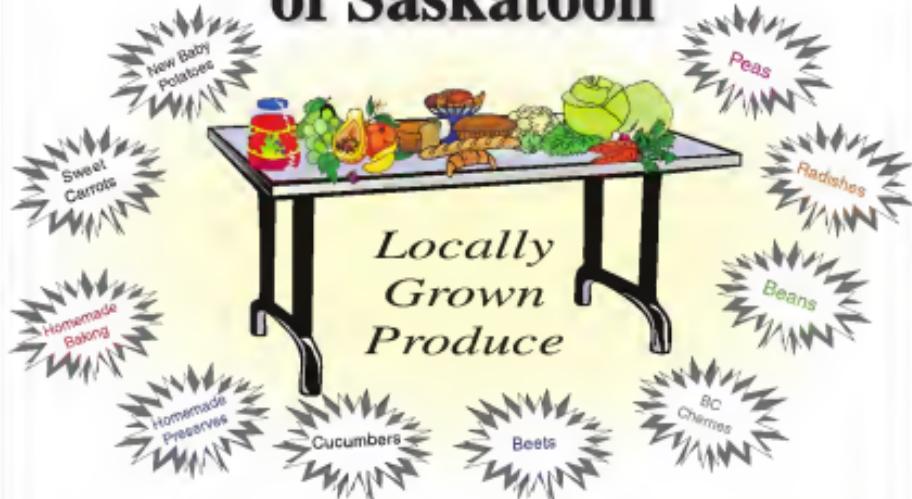
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or intimacy. And there's no need to limit it to paintings — photography works just as well. Maguire brings her artwork in at night and protects it from inclement weather. She also suggests reusing it to direct sunlight.

Have a gardening question? Call Gert Grendelane, 204-666-5855 or gert.danielson@rci.gc.ca

This column is provided courtesy of The Saskatchewan Forest Society (www.saskforests.ca). Check out our website, blog or calendar for upcoming forest culture events (Facebook & LinkedIn) at the Roseberry Forest Garden Association.

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ON THE COVER

MICHELLE NELSON

Fighting — inside the ring and out



Inset photo: Michelle Nelson at her gym refines the blues, and coaches up and coming boxers in fighting a battle far greater than any she's faced inside the ring. ROBERTS PHOTO BY MICHELLE NELSON

By Sean Trembath

Michelle Nelson is no quitter.

She has been boxing for 10 years. She has two national titles as an amateur, and as a pro she's the Canadian champion in the 118-pound bantamweight division. In her business, though, she is a pregnant,

"Boxing is a tough sport. You're not going to survive, and be a champion, if you're not tough," Nelson says.

She has learned to appreciate the highs and lows from the lows in the amateur fight game.

"In order to be a champion you have to fight the best people and sometimes you don't get the win," she says.

Nelson has had to face her toughest fight yet over the last 10 months, but it hasn't taken place in the ring.

Less than a month after she won the Canadian title, her then 19-month-old son, Dix, was diagnosed with Neoplastic Spondaritis, a set of spondiosis related to lottery tickets that can be rooted in any of a number of lottery diseases.

I find the boxing relieves a lot of stress. It's a time where, for an hour, you can clear your head. — Michelle Nelson

Less than a month after that, Nelson herself was diagnosed with cervical cancer like her dad, but it required major surgery and a break from training. Despite all that, she has continued to run Nelson's Boxing, the non-profit gym she founded with husband Chad Seklitsky in Sedona.

"It's been a tough year, but we're just going to keep doing whatever we can," Nelson says.

She is taking chemotherapy now, and she knows the fight isn't over. She plans to keep doing what she has always done ... roll with the punches and keep answering the bell.

I'd kind of done everything, been to every tournament, and there wasn't looking to be a future in the Olympics, so I decided to take the next step and go pro, — Nelson

Nelson was 12 the first time she walked into a boxing gym. It was her parents' idea. She says it was for fitness, but admits that she used to get a bit annoyed in her neighbourhood. Boxing was a good place to focus those tendencies.

It wasn't long before people in the gym saw something in her.

"Even just a couple days in, people were asking if I wanted a fight. I thought, why not try it out?"

John Devries was Nelson's first coach and trains her to this day. He says he knew within six months that she had the potential to be a champion.

"It's not just skill. They need the heart. They need the ability to get into a tough boxing match and succeed. It's just not a matter of skill. You can have a lot of skill and a weak heart," Devries says.

Nelson had her first amateur fight just after she turned 16. It was in Prince Albert. She lost a decision. She doesn't remember the specifics of the fight. She does recall the crowd going wild and the trophy she got when the bout was named fight of the night.

"It was awesome. I enjoyed it. I couldn't wait for the next one," she says.

She learned early that a boxer is a valuable expense.

"Whenever you do a loss, I think you learn more from it. You want to get back in the ring and redeem yourself," she says.

Nelson fought as an amateur for 11 years, with more than 60 fights. She was on the national team for much of that time. She might have gone pro sooner but was holding out hope that female boxing might be allowed into the Olympics. Eventually, with two national titles to her name, she went home to the ring.

"I kind of done everything, been to every tournament, and there wasn't looking to be a future in the Olympics, so I decided to take the next step and go pro," she says.

Her first professional fight was on Sept. 26, 2007 at the Shaw Conference Centre in Edmonton. Nelson says a lot of friends and family made the trip out to support her. She won a unanimous decision.

Continued on Page 8



Michelle Nelson (left) and Nadia McPhee in a boxing ring. (PHOTOGRAPH BY MICHELLE RIEFF)

It's not just skill. They need the heart. They need the ability to get into a tough boxing match and succeed.

— John Devison

"There's definitely a different feel to fighting pro. It's weird going without the head gear. Boxing is very male where in pro you're kind of there for entertainment, so it's a lot different," she says.

Six fights later, April 4, 2018, she got her first shot at a title. She made it count, beating Peggy Morris of Salmon Arm, B.C. by unanimous decision.

The win was extra special because Devison was there. Nelson she credit him with much of her success.

"We worked for years together to win these titles," she says.

That was one of the high points of her life. Her son's diagnosis came less than a month later.

• • •

Devon had been having health problems for months. He'd been getting sick often, and doctors didn't know why.

The diagnosis of Nephrotic Syndrome came on May 5, 2018. It's not a specific disease; it's a collection of symptoms that can be caused by a number of kidney diseases, according to the US National Kidney and Urologic Diseases Information Clearinghouse.

Nelson and her husband finally had time to get a handle on Devon's diagnosis when she received her care.

"My son being sick was a lot worse, but me being sick was crazy," Nelson says.

The next year was full of treatment for both of them. The surgery to remove her cancer was successful. She did not have to undergo chemotherapy. A month ago she was declared cancer-free.

It was definitely a relief. I guess you still always wonder if the cancer could come back. With that, I feel kind of full myself. I'm not going to worry about it anymore," she says.



John Devison has up Michelle Nelson's glove at the gym where she trains. **PHOTO BY MICHELLE HERZ**

Nuts About Nature At Beaver Creek Conservation Area



Dear Chip,

I saw swallows nesting in the bank of the creek! Do you know how many babies they have and where they go in the winter time?



Elton

Two species have been seen out here with nests discovered into the side of the bank. One is the Northern Rough-winged Swallow and the other is the Bank Swallow. I'll tell you about the bank swallows this time around. The average clutch size is 5 eggs. They are incubated by the female for about 14 days. Once they hatch, the young are fed insects caught by both parents. These are the ones you may have seen flying near the water. They love eating mosquitoes and we have 50+ of those! After 20-25 days the babies are ready for their first flight. They make their way to the entrance of the burrow, drop out and take to the sky. Their schooling in life is full of adventures. It has to be! Within weeks they need to be ready to travel South to the Southern United States, Central or South America. The Bank Swallow was listed as a threatened species last May. Some threats to their populations include habitat loss and pesticide use. To help these sweetly beautiful birds you can encourage adults to stop using pesticides and buy organic.

Send your questions to me at the address below. I'm not much of a know-it-all.

Yours pal, Chip

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"If I can take that hour to train, I find it makes me stronger to go back and fight with him, and deal with his status."

— Nelson



Michelle Nelson (left) and Nelson McKay say that "Boxing relieves a lot of stress. It's a time where, for a hour you can clear your head." (BRIDGES PHOTO BY MICHELLE BRIDGES)

The focus now is on Dex. His doctor showed resilience to the resilience he was being given. Now he is taking chemotherapy, which should hopefully "reset his immune system," Nelson says. It's a "necessery step" but brings with it further hardships. With claims weakening his immune system, Dex has to be away from the gym.

"We're very much a team family. My son has been on the gym since

he was a couple days old," Nelson says.

It also means either she or her husband has to be with Dex. Nelson's training time is restricted, but it's an important for her as it has been every since.

"I feel the boxing relieves a lot of stress. It's a time where, for an hour, you can clear your head," she says.

"If I can take that hour to train, I find it makes me stronger to go back

and fight with him and deal with his status."

On top of Nelson's own issues, she and St. Luke's train about 100 people at the gym. Most of them are there only for fitness, but some of her younger fighters are getting ready to compete on the national stage.

"She's really good as a coach. She taught me a lot," 15-year-old No-

ella McKay says.

"Basically, she's taught me every thing I know. I don't really know any thing else, other than boxing."

As he grows up for nationals, Michael Ray takes inspiration from knowing Nelson has succeeded at that level.

"She motivates us a lot, because we see what she has accomplished. It makes us realize anyone can do it. She's a small girl, but she did it, so we can," he says.

Isabella Elliot has been at Nelson's for only three months — she spent four years at another gym that recently closed — but she already feels at home.

"I was really nervous at first, but now I wouldn't want to go anywhere else," Elliot says.

Being able to train under another female has been a boon for the 15-year-old.

Continued on Page A10

Boxing is a tough sport. You're not going to survive, and be a champion, if you're not tough.

— Nelson



Michelle Meissner would like to help boxers reach a career goal that has eluded her — competing in women's boxing at the Olympics. (MEISSNER PHOTO BY MICHELLE MEISSNER)

"I think it's actually a lot easier to have a women's coach. At my old gym, I was the only women's boxer there. It's been really good to spar with girls and have a girl coach as well who you can go in with other things," she says.

Working with younger fighters has helped Meissner with her own game.

"I think coaching definitely helps with fighting. You look at it from a different perspective. Then sometimes when you're doing your own training, you think of 'If more as a coach,' she says.

In some ways, walking ringside is tougher than being in there taking the shots.

"When people are fighting, you want to be there. You go through the same emotions watching an fight. Your heart is in there with the fighters. It's nice to see."

With women's boxing finally blossoming an Olympic sport in London two years ago, Nelson has a new goal to chase. She hopes to help women reach the one career goal that has eluded her:

"I'm hoping to have a future women's Olympic out of this gym. That's definitely a goal," she says.

stevew@phoenixnewspapers.com
http://www.phoenix.com

Authentic Amish Cooking



PHOTO COURTESY OF AMISH COUNTRY FOODS

Maple Pecan Oatmeal Bars



2 1/2 C. Self-rising or self-risen flour
2 T. Butter or margarine, melted
1 C. Shredded or Demerara
sugar
1 T. Baking
soda
1 C. Maple Syrup or Maple
Flavored Pancake Syrup
1/2 C. Butter or margarine, melted
1/2 C. Brown sugar
1/2 C. White sugar
1/2 C. Pecans, coarsely
chopped
1/2 C. Oatmeal Pancake Mix
1/2 C. Powdered Sugar
1/2 C. Butter or Margarine, melted

Preheat oven to 350 degrees F. Grease a 9x13 inch baking pan. In a large bowl, mix flour, baking soda and sugar. Add maple syrup and butter. Mix well. Add pecans and oatmeal. Press into pan. Bake for 25 minutes. Cool. Cut into bars. Store in airtight containers. (Note: You can add 1/2 C. chocolate chips to the oatmeal layer. Add 1/2 C. chocolate chips to the top layer. Add 1/2 C. chocolate chips to the bottom layer. Add 1/2 C. chocolate chips to the top layer. Add 1/2 C. chocolate chips to the bottom layer.)

—Linda C. (Linda's Kitchen) Lutz

Breakfast Strata



1 1/2 lbs. Ham, diced
1 1/2 cups of Eggs, cracked
1 1/2 cups of Heavy cream, divided
1/2 C. Celery, diced
1/2 C. Milk
1/2 C. Flour
1/2 C. Chopped Parsley, optional

In a large bowl, mix ham, eggs, cream, milk, flour and parsley. In a greased 9x13 inch baking dish, add a layer of ham, then a layer of eggs, then a layer of ham, then a layer of eggs, then a layer of ham, then a layer of eggs. Sprinkle with cheese. Bake at 350 degrees F. for 1 hour. (Note: You can add 1/2 C. cheese to the ham layer. Add 1/2 C. cheese to the egg layer. Add 1/2 C. cheese to the ham layer. Add 1/2 C. cheese to the egg layer. Add 1/2 C. cheese to the ham layer. Add 1/2 C. cheese to the egg layer.)

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READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

BY LYNDON PENNER

The Prairie Short Season Yard

I think writing a book was never a book.

I was a highly inquisitive child and I drove my mother and grandmother nuts with my incessant questions about everything. My grandmother, in her wisdom, taught me how to use an encyclopedia. That way, I could find the answers to my questions by myself! Little did she realize that would not only fuel my burning desire to know as much as I could about the world around me, but also help foster a love for the books and the written word.

Librarians were the first place out of the garden that I felt safe. They were the fortress in which I sought sanctuary.

As a child, I developed a passion

for two things — gardening and books. I read everything I could get my hands on, and I became acquainted with great garden writers through the ages. I marvelled at their works and listened to their adventures.

Over the pages of books, I travelled with Frank Kingdon-World through the land of the blue poppy. Through Adeyl, I taught me about olive.

I found writers like Anna Pavord who made the tiny names above for me like no one ever had. I was instantly smitten by the rather rude and abrupt opinions of Christopher Lloyd.

If I'm not reading, I'm in the garden. If I'm not in the garden, I'm

writing about gardening either for my blog, for a class I'm teaching, or for a client. It seems like it was always my garden ignorant related knowledge to write a gardening book.

I have gardened on three continents. I have observed, experimented, tried, succeeded and failed with gardens in both temperate and sub-tropical climates. I have swooned over magnolias in Vancouver and tables under the spell of Mexican hibiscus in B.C. I

always come home to the Prairies. I am a Prairie boy through and through. I don't want to live anywhere else. I don't want to garden anywhere else. We have a short season. We have only a short time to experience the wonder of a north



Lyndon Penner



Quot & Beautiful on the Canadian Prairies



era climate summer. I am proud to be a gardener and especially proud to be a gardener here. That's why I wrote *The Short Season Yard* — if I can illuminate the path for just one Prairie person to find their way to a love of gardening, then I've done what I am supposed to do.



Next week in BRIDGES

Kocur Rachey shares her love for rhythmic gymnastics with students of all ages

ON THE SCENE

YOGATHON SASKATOON

Yoga lovers embraced the sunshines during a four hour event in Rotary Park on Aug. 9.

Yogathon Saskatoon featured yoga classes live music by Warmer Nature, Elizabeth Belobey & Jordin Shultz, and Jesse Davis, and a lot of positive vibes. This event was free but donations were gladly accepted for Vinyasa Yoga For Youth and the Kyaileen Rot Medical Fund. Approximately \$1500 was raised for the two causes.

Vinyasa Yoga For Youth empowers youth age 10 to 22 through the practice of yoga at in-school workshops, after school and youth programs, and at weekend retreats. Kyaileen Rot is a young boy in Saskatoon with severe oral health problems that required specialized treatment and a long stay at a hospital in the United States.

BRIDGES PHOTOS BY LIAM RICHARDS

1. Tahseen Fouamer leads participants in a yoga session.

2. Musicians perform while participants do yoga.

3. Instructor Tahseen Fouamer.

4. Vanessa Bowen, left, and Fraser McBoo.

5. Domman and Shontel Belliveau with their children Asher, 3, and Brinlie, 5.



ON THE SCENE



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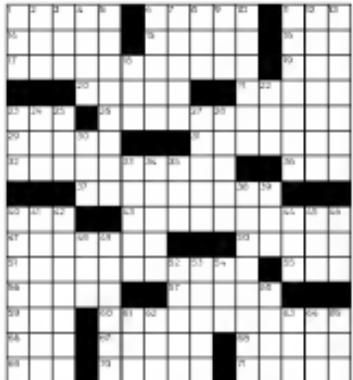
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NEW YORK TIMES Edited by Will Shortz

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POSSIBLY PLACED ANSWERS

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2 —saw, across the Pyrenees
3 —saw, geography often, interlocked
4 —saw, off-Hospital
5 —saw, off
6 Like need of Wyoming
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ANSWER GRID

Station to the
downward-panning
and the Sudoku can be
found on Page 37

JANRIC
CLASSIC
SUDOKU

Level: Gold

In the blank cells
using numbers 1 to 9.
Each number can ap-
pear only once in each
row, column and 3x3 block.
Use logic and
process of elimination
to solve the puzzle.
The difficulty level
ranges from Novice
(Exercise 1 to 5) to Gold (Exercise 10).

3	4		5
9	4		8
8	2		4
1		7	9
4	2	3	1
2	9		5
5		9	7
8		4	1
4		7	3

ASK ELLIE

Relationships require agreed
approaches to problems

Ask Ellie



Q My fiancé can't have children, we know that definitely now. My father took me aside and said I need to re-think the future, as this could be a deal-breaker, of not now then later.

I love this woman and am very conflicted. We can deeply for each other, respect each other can discuss anything and also have terrible times together, even when hanging out.

I know there are options, but they won't produce 'our' child, which is what I want most.

Can we survive this blow and still have a happy life? We both have good careers so will always work, we've been tennis players and enjoy playing together, both love to travel, and also have a good circle of friends.

Deal-Breaker?

A There are, of course, couples who do not have children who have very happy and healthy relationships.

Getting either both parties started out with a strong belief and agreement to children, or both can have kids for various reasons, one party decided that he/she would rather be with the chosen, beloved partner than have children.

He/she has decided to build on the love and compatibility already known and shared that just goes to one day find someone else with whom they can have a child and maybe be happy.

Your father was being naturally protective of you to say that you need to think about this.

But it's not about whether you'd feel guilty to leave. Rather, think about whether this woman is the love of your life and the companion with whom you want to spend your life.

If the latter, you may bath one day become comfortable to consider adopting a baby or child into a happy home. Or you may find it acceptable for you to either a) think through assisted reproduction, e.g. donor sperm (something you'd need to research in your local).

Or you may contribute to many childless lives by being involved through coaching, mentoring, and/or big brothers of Canada.

Q I have this guy who's never going to marry me. He has a name with a gravitational pull, and is a very responsible father even though the mother is now living with someone else.

He supports his son, and feels that me right is just too risky of money and one thing our parents had (a much divorce).

But he says he loves me and we get along great. We're both late 30s. I've been divorced,

he has no children, but I'm closer with my son's children. I've not had sex with him in now and he's a good kid.

Answered

A In all relationships, there are risks. And love is certainly worth considering which risks you can handle.

If you can't accept a common life arrangement, or even a long-term relationship ship from separate homes, you have the guy you love, without a wedding ring.

Giving either both parties started out with a strong belief and agreement to children, or both can have kids for various reasons, one party decided that he/she would rather be with the chosen, beloved partner than have children.

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But he says he loves me and we get along great. We're both late 30s. I've been divorced,

Family-man

A No two people come together with exactly the same attitudes.

But having firm common values is your strength.

It's best not adapting as the kids grow into years of seeking independence and testing precepts.

Then when you need to compromise on other areas of difference.

And find other ways to bond, e.g. new and revised goals for enjoying your own relationship as a couple.

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ASIA PACIFIC

Aden Bowman Collegiate
1904 Clarence Avenue S.

Enjoy the diversity of cultures of the Far East by way of traditional music, dance, deportment and taste of a variety of ethnic cuisines. We will delight you with our spectacular dragon dance, hear the thunderous sounds of Japanese Taiko Drumming, General Martial Art demonstrations and traditional Japanese Tea Ceremony are just a few of the many cultural programs.



GHANA

SaskTel Sports Centre
190 Nelson Road

Come enjoy the West African coast. Experience at one of the newest pavilions, the Ghanaian Pavilion! We are making our debut with the RBC Global Village, the tantalizing African dishes. Take in the entertainment and more.

Adoles - Ashanti, Keeshone - Eve, Kpanlogo - ta

INDIA

Walter Murray Collegiate
1905 Preston Avenue

Moncton, Saskatchewan: Welcome to the Colourful India Pavilion! Our colourful India Pavilion is a showcase of the various forms of Indian classical dance, music instruments, and architecture of religious structures as India.

Visitors will be able to enjoy yourself with The spectacular age-old music and dance traditions and displays of Indian culture. Please share our awesome feed!



IND

Saskatoon
Friendship

We invite you where you are and bring your existing & new feed! We invite you to join our pavilion year away from

CENTRAL AMERICA & MEXICO

Lions Arena
2205 McDowell Avenue

The Central America and Mexico Pavilion also known as Missouri or Middle America Pavilion, is a place where they our delicious hand-made foods and drinks. We ready to be dazzled with our live shows. This year our showcase brings yet another spectacular presentation. Please come by and see our Canadian Ambassador with our Youth and Adult Ambassadors and say "Ganes evans onda?" and make a friend!



CARIBBEAN

Hall B Prairieland Exhibition
503 Ruth Street W.

Our steel band will have you on your feet and feeling the island rhythms. Be awed by our Fire Eaters, Prince Hall, all the Steel Drummers, the St. Lucia Steel Walkers, Troy and Decimo from Barbados, Dennis from Toronto, and our special guests from Reggae, the Espriu Latino Steel Band, and the Steel Band of Steel Orchestra. We hope you come hungry as the Proper Pot Kitchen has some new additions. We invite you to experience exotic spices unique to the Caribbean and an array of awesome dishes.



GREEK

Hall E
Prairieland Exhibition
503 Ruth Street E.

Whether you are GREECE power pack through our village, you will always the authentic sounds of dinner by performances of our local dance troupe. Relive the history and passion of the people. Follow the old men who recite their old oral tradition without hesitation - the Zines, the god of hospitality. Your experience will have you saying "It's all greek to me" for a long time. OMEN



GERMAN

German Cultural Centre
160 Cartwright Street

Visit us in and outside the German Cultural Centre. Enjoy our famous pretzels and pretzel salad, and interact with our local German folk or the very body魄ed pigs on the spot. None for the entertainment are the Hinglitz Karmval Dancers and a "Soester Show". Very popular annual Austin, The Oktoberfest and the German Cultural Centre. Edelweiss, Bon and our local dance groups will bring "entzessing" and German tradition to our guests.



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Visitors will be able to enjoy yourself with The spectacular age-old music and dance traditions and displays of Indian culture. Please share our awesome feed!

Sask
folkfe
August 14

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SCOTTISH

Hall A Prairieland Exhibition
503 Ruth St. W.

Enter the door of the Scottish Pavilion and become part of our Scottish family. Enjoy continuous entertainment with tried favorites such as Red of the Isles, The Braeside Windies and Rogues as well as the Highland Games.

The Islaean Highland Dancers, the Glenlyd Highland Dancers and Selkirkson Scottish Country Dancers. The "wee ones" will be entertained with their own special entertainment in our Children's Area.

The clan best friends will entertain the crowds during our popular Scottish haggis sing along and the piping. The piping

PH

Hall
503

The An-
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Learn about the Iroquois and Métis Peoples. You will experience great hospitality, interactive entertainment and amazing business and new networking opportunities for you.

Find out what's new!

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IRISH

Nutana Curling Club
2002 Arlington Avenue

We invite you to travel through time as we display some of the most beloved of Irish legends as featured, learn the Irish ballads of "The Little People", the creation of the world, the coming of Christianity and others. Your visit must include a trip to the Irish Kitchen. Enjoy the food as you search for Ireland to taste.

Enjoying entertainment provided by the Irish dancers and musicians.



MESOPOTAMIA

Sacred Heart Chaldean Church
3101 Lansdowne Avenue

Welcome to the Mesopotamian Festival where you can experience the contemporary culture of one of the world's most ancient civilizations. Listen to the exotic sounds of the Zirra and Dardra, the Incredulous flute and drums. Be entertained by our dancers. A showcase of traditional and modern dress will be on display. Come and taste the special meal we have put together. Please be sure to find something that satisfies their palette.



NORWAY

St. Joseph High School
115 Nelson Road

Come on a journey to Norway full of light on your head! We have wonderful entertainment like Norwegian dances, Northern Vikings, Jesters, & OSBIO – A True Norwegian Christmas event where you can experience the magic of Norway. Come and explore our displays and engage your interests. See how, relax and enjoy your journey through our music, food, crafts, decor and delicious food!



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PHILIPPINES

C Prairieland Exhibition
Ruth Street W.

Traditional entertainment, Kutaunting Park, folk music, dancing, food and ethnic entertainment.

Find the fun in the sun! See the sights, the heritage. And when you visit the Philippines Pavilion, you will be greeted with a warm welcome and a great celebration.



SIERRA LEONE

SaskTel Sports Centre
150 Nelson Road

On behalf of Saskatoon Sierra Leoneans Cultural Community Inc. We are here by saying a fair welcome to everyone! Come and get new friends, this is a chance for you to enjoy dancing, folk music, West African food and enjoy good food and good entertainment, cultural dances and craft displayed.



RUSSIAN MATRYOSHKA

Third Avenue United Church –
304 3rd Avenue N.

We are opening our doors to you, introducing and sharing our historical arts, folk crafts, music, unique Russian souvenirs and lots of fun! Come and join us for a night of fun, food and fun at our matryoshka tables. We will entertain you with folk singing and Russian Music Group "Krynytsi" with their colorful costumes, vibrant music and dances.



PAKISTAN

SaskTel Sports Centre
150 Nelson Road

Pakistan, the land of spectacular diversity, culture, art, talent, and richness. Our pavilion is a place for all visitors to experience the rich culture, delicious food, colorful clothing, vibrant art, rhythmic music, and spectacular regional dances. We will be presenting spectacular music and dances along with delicious food and instruction in a Henna workshop. Our

parade will feature grand processions of Maha-e-clad and Garifuria, two of the oldest known human civilizations.



UKRAINIAN KARPATY

Hall D Prairieland Exhibition
503 Ruth Street W.

The inhabitants of Western Ukraine especially of the Carpathian (Carpathian) Mountains, have some of the highest and most unique cultural traditions in all of the country. Come travel through our pavilion and learn about our culture.

Our pavilion will be a celebration of the music and culture of the Carpathian Mountains. You will be welcomed at the door and ushered into an atmosphere of food, fun, and fantasy. Try some tasty home cooked meal to taste from our kulinarii recipes. Enjoy our continuous entertainment from top notch Ukrainian singers and dance groups.



RECIPES

Spicy-sweet tomato jam and cheese-stuffed tomatoes

By Alison Ladman

Slow-cook and salt, yes.

That's really all it's seasonally about: slow-cook and salt. Though if you really want to pat it up, you could add a bit of pepper, a splash of olive oil, maybe a sprinkle of balsamic vinegar. Just enough of each to highlight the sweetly acidic flavor of the picky tomatoes.

Still, summer tends to bring an abundance of tomatoes as we couldn't help but dream up a few other ways to play to a tomato's strengths. We started by turning them into a spicy-sweet jam that's a perfect accompaniment to cheeses and cured meats, or try it in place of ketchup. Looking for something a bit more robust? Try our recipe for cheese-stuffed tomatoes.

SPICY-SWEET TOMATO JAM

Start to finish: 1 hour plus cooling

Makes 3 cups

- > 4 large tomatoes, sliced
- > 2 large yellow onions, sliced
- > 1/2 to 1 teaspoon red pepper flakes
- > 2 to 3 cups packed brown sugar
- > 1/4 teaspoon ground black pepper
- > 1/4 teaspoon ground cumin
- > 1/4 teaspoon ground coriander
- > 1/4 teaspoon ground cayenne pepper
- > 1/4 cup balsamic vinegar

Method

In a large saucepan, combine all the ingredients. Bring to a simmer and cook, stirring frequently for 1 hour, or until thick and Journey Allure to taste. Store in an airtight container in the refrigerator for up to 2 weeks.

CHEESE-STUFFED TOMATOES

Start to finish: 30 minutes

servings: 4

- > 1 large onion, sliced
- > 1 medium yellow onion, sliced
- > 2 cloves garlic, minced
- > 4 large tomatoes



Spicy-sweet tomato jam and cheese-stuffed tomatoes APP PHOTO



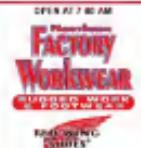
Cheese-stuffed tomatoes

Method

Preheat the oven to 400 F. Coat a 9x13-inch baking pan with cooking spray. In a medium skillet over medium-high heat the oil. Add the onion, garlic and coriander. Cook for 3 minutes, or just until tender. Stir in the feta cheese, cheese, salt, pepper and cumin. Cut a 1/2-inch slice off the top of each tomato. Use a melon baller to

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OUTSIDE THE LINES

Colouring contest

Each week, Stephanie McIver creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to brides@thestarphoenix.com. One winner will be chosen each week. Please send entries by Monday at 9 a.m.



Last week's contest winner is Olivia Kotterke. Thanks to everyone who submitted artwork.

InStyle

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InStyle

FASHION / TRENDS

Bridges Special Advertising Section



→ MOTO CHIC

Introducing this season's one-of-a-kind collection: Lady Durban, a Canadian company from Montréal. This 3-tonne metal jacket is a sleek and shiny. The material has stretch to it so you get that perfect fit. Also featured are new shoes by Duran made in Portugal and a belt with a unique hole sizes so it can be worn on the hips or the waist.

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EVENTS

MUSIC

Wed., Aug. 15

3 Strings Freestyle
Buds on Broadway;
811 Broadway Ave.

Jay Arner with Guests
Vernell's Tavern,
601 Broadway Ave.

Thurs., Aug. 16

Eddie Robertson Duo
Chicken Restaurant & Lounge,
1-2275 Ruehway Dr.

September Long w/ Graham Walker
Buds on Broadway;
811 Broadway Ave.

Kim Mitchell w/ The Northern Plains and Where's My Mailbox?
O'Briens Event Centre,
241 Second Ave. S.

Fri., Aug. 17

Hang-Ary
Buds on Broadway;
811 Broadway Ave.

4-Front
Army & Navy Club,
359 First Ave. N.

The Nodules
McNally Robinson,
3100 Eighth St. E.

Leann Dallas
Far-Field Service Citizens' Centre,
103 Fairmont Ct.

Snake River w/ The Slim City Pickers
Amigos Guitars,
832 10th St. E.

The Antikids
Vernell's Tavern,
811 Broadway Ave.

Jessi Blue
Piggy's Pub and Grill,
1403 16th Street N.



Rocker Ken Mitchell will be performing at O'Briens Event Centre Thursday night. (Submitted photo)

The Details

Starts 8 p.m.
105-110 Ruth St. E.

Electric Religions w/ All Mighty Voice
Rock Bottom,
834B Broadway Ave.

PunkRock Friday w/ DJ JayDee
RockBar
7-8310 Eighth St. E.

Sat., Aug. 18

Hang-Ary
Buds on Broadway;
811 Broadway Ave.
Bands begin

4-Front
Army & Navy Club,
359 First Ave. N.

Brigade Mystery Kleag
Downtown Legion,
1403 16th Street N.

605 Spadine Driv. W.

817 Broadway Ave.

Electric Religions w/ All Mighty Voice
Rock Bottom,
834B Broadway Ave.

Zeblio Bilingual
McNally Robinson,
3100 Eighth St. E.

OMGing w/ Marion Pictures

Life and Handling

Brigade

Amigos Guitars,

832 12th St. E.

Jeff Reen

Piggy's Pub and Grill,
1403 16th Street N.

The Rebeis

Starts 8 p.m.

105-110 Ruth St. E.

Sun., Aug. 19

BC Head
Buds on Broadway.

Lee Terpstra

Dolcita Dance Studio,
204 Dolcita Dance Way,
Whitemud.

Mon., Aug. 20

Shark Puncher
Buds on Broadway;
817 Broadway Ave.

Tues., Aug. 21

Shark Puncher
Buds on Broadway;

817 Broadway Ave.

T. Nile w/ Veeers

Wangoli Tavern,
605 Spadine Driv.

The Rebeis

Starts 8 p.m.

105-110 Ruth St. E.

BC Head

Buds on Broadway.

ART

The Gallery at Francis Marion Central Library

Until Aug. 31 at Francis Marion Library. Free; runs by Tyson John Atlings. Paint-

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

ings examining the creative possibilities of ambiguity and juxtaposition.

Black Spruce Gallery

Until Aug. 14 on Highway 2 Northside. The Man Who Paints show.

Hand Wave Gallery

Until Aug. 14 at 405 10th Ave. Meathair: The Bones, 11th, serene sculptures by Anita Recorona.

The Still Gallery

Until Aug. 15 at Collective Coffee, 220 20th St. W. Irene works by Gary Thompson are on display. An artist reception and show with works by Cindy Patterson, Iris Heuer and Jackie Miller runs until Aug. 20 at Aries, 201 Second Ave. N.

Ninth Annual Art in the Garden Show and Sale

Aug. 16, 10 a.m. to 5 p.m., and Aug. 17, 10 a.m. to 5 p.m., at McGuire's Garden, 16 Cambridge Cres. Works by artists Atkins Korpan, Karen Maguire, John Ferrett, Heather Sivern, and Sylvia Thompson.

Gallery on Third, Wetroot

Until Aug. 16 at 1013 Third Ave. E., Wetroot. Paintings by local artists. A variety of quilts, ceramics, and decorations.

The Showroom Gallery

Until Aug. 20 at 1200 20th St. W. Peter Campbell's A Paint and poster exhibition of local and international artists and designers.

SCVPA Gallery

Until Aug. 25 at 2533 Third Ave. S. Works by Kenzie Kettensbach.

Grand Guitars

Until Aug. 25 in Room 151 of the University of Saskatchewan's Murray Building, 10th Street. USCDG Certificate students Graduate Show Reception.

Aug. 15, 7:30 p.m. to 9 p.m.

Peacock Arts

Submitted deadline is Aug. 29, 5 p.m., at 424 10th St. W or artspace@peacockarts.ca. I Am the Judge, call for submissions. Open to all Saskatchewan-based video, film or media artists. They are looking for short video or film works to be screened as part of the 2012 Culture Days festivities on Sept. 27 at 6 p.m.

Marketing Fine Art

Until Aug. 26 on the eighth floor of the Delta Bessborough. The mixed media work of Alberni artist Heather Shilling.

St. John's Arts Centre - Roots

Until Aug. 28 at 701 Railway Ave., Redvers. Northern land series by Mike Whitefield, Cam Penner, Greg Hiszemann, Paul Rottler, Roger Trotter, Ken Van Rees.

Private Star Gallery

Until Aug. 31 at 1035 Eighth St. E. Persistent beauty: Views from the Edge of the Ter-Sands. Paintings by Gerry Berntorp.

Mewasin in Valley Centre Gallery

Through August at 402 Third Ave. S. Take a walk with Me, views of Saskatchewan by Peter L. Clarke. Original watercolours inspired by walks and travels along the Mewasin Valley and beyond.

Art in the Centre at Peacock Arts

Through August at 1013 Grand Guitars. Works by Watermarks and Friends.

Artistry Gallery

Until Sept. 1 at 833 Broadway Ave. A Show About Nothing. Works by Anna 2000. International participants and invited artists.

EVENTS

Mendota Art Gallery

Until Sept. 14 at 950 Gordons Creek, 8 Summer exhibition: *Convulated Beauty*, in the Company of Emily Carr: *Sympathetic Magic*, examining the Canadian northland from diverse perspectives; A *Wild Place*, works from 1953-53 by the Canadian Group of Painters. *10th Artists by Artists* Masterpiece Program reflects Sean Weisz's four years with his mentor, Maria Larmos.

Humboldt House Showcases

Until Sept. 27 at 710 Broadwater Ave., Ugly Face Inn. Featuring works by regional artist Bonnie Glanzer.

Humboldt and District Museum and Gallery

Until Sept. 27 at 601 Main St. in Humboldt. *Twas Perspectives*, pottery and paintings by Bill Dakin and Karen Holden. *Stsukashewa* Stitches Quilt Block Challenge runs until Sept. 20.

Ukrainian Museum of Canada

Until Oct. 5 at 910 Spadina Ave., Etobicoke. *Stylogic: The Colours of His World*. A reception and screening of the documentary *The Automatic Advantage* will be held on a Friday in September at 7:30 p.m.

FAMILY

Kakaskisios Peaceful Parenting Days
Aug. 10, 10 a.m. to 12 p.m., at the Pregnancy and Parenting Health Centre, 2013 Third Ave. 15, for any family seeking to raise their children peacefully. A different topic each month. Children are welcome.

Strollers and Striders
Wednesday, 1 p.m. at Centre Cinemas in The Collective. Choice of two movies



Shoreline by Jerry Carr is on display at the Mendota Art Gallery.

each week. A baby-friendly environment with lowered volume, dimmed lighting, a swiveling table and smaller seating in select theatres.

Fun Factory Indoor Playground

Delly at 1833C Quailview Ave. A giant indoor playground for young children. Adults and children under one year are free. There is a separate fenced in area for children under two.

Christian's Play Centre

Daily at Losen's Heights Mall. A fun, safe environment for preschoolers to play. Please note this is an unlicensed play area, and adults must stay with and supervise children at all times.

Breastfeeding Cafe

Thursdays, 10 a.m. to 11:30 a.m. at Westwinds Primary Health Centre, 3011 Fairlight Dr. A place to support groups for breastfeeding women.

Sessions will be facilitated by a lactation consultant with a brief educational presentation, and time for interaction with the other mothers.

Market Mall Children's Play Centre

Delly off the food court at Market Mall. This play area is free and has different levels. Children must wear socks in the play area.

Movies for Monsters

Thursday, 1 p.m. at Theatres Cinemas in The Centre.

An infant-friendly environment with reduced sound, change tables, bottle warming and smaller parking.

Parents at the Mirror: A

Kakaskisios Library

Aug. 16, 1:30 p.m. to 2:30 p.m., at 266 18th St. E. Presented by staff from Mikawase Valley Centre. A study about the early years of Kakaskisios. Donations are appreciated.

Information at 306-969-6812; awhite@pnpns.ca.

Canadian Light Source Public Tours

Thursdays, 1:30 p.m., at the Canadian Light Source, 44 Innovation Blvd. The synchrotron research facility is open for the public. Registration is required. Call 306-657-3944, email outreach@lightsource.ca or visit [lightsource.ca/public_tours.aspx](http://lightsource.ca/public_tours/c_lightsource_tours.aspx).

Car Seat Clinics

Second Thursday each month, 3 p.m. to 6 p.m.

at Royalty Inn and Birth Centre, 3 100 23rd St. E.

Get your car checked and questions answered by a transportation expert.

Call 306-761-7521 or email whitney.l@smu.ca to register. Drop-ins also welcome.

LLCC Kakaskisios Evening Series Meeting

The Second Thursday of the month through August, 5:30 p.m., at Holy Crossen Church, 1426 Alexander Ave. All are welcome. Interested in breastfeeling, see [wcws.ca](http://www.wcws.ca). They meet the second Thursday of the month, January to April. Call 306-469-0505, email breastfeedingtoon@gmail.com.

Shape 'n' Blend

Fridays, 9:30 a.m. to 10:30 a.m., meet in front of Cuttler's Kettle at The Mill at Losen's Heights. Classes consist of power-walking, body stretching, stretching using exercise tubing, a standing exercise for parents and babies. Pre-registration at [shapeandblendfitness.com](http://www.shapeandblendfitness.com). No classes on stat holidays.

Cafe Time for Meets

Fridays, 10 a.m. to 12:30 p.m., at Bibbidi Bobbidi Boo, 9-100 Central Ave. Moms enjoy a free cup of coffee while children play in the playground.



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EVENTS

Prescott Yoga Summer Series

Until Aug. 30, Thursday at 7 p.m. and Saturdays at 11 a.m., at Balance Within Anatomy and Wellness, 3000 N. 10th St., S. Six-week series taught by Nitro Zendo. A safe and nurturing environment for everyone to prepare for this breathing process through breath-work, relaxation and meditation techniques. To register email theodore@newyorkinthebay.com.

Baby Talk at BPL

Fridays, 10:30 a.m., at Alcazar (Tunica Branch), Mondays, 10:30 a.m., at Carlyle King Branch and US Wood Branch, and Tuesdays 10:30 a.m. at C.R. Wright Branch. Half-hour singing and rhymes, then mingle with other parents.

Funki Artzimtha Summer Camp

Until Aug. 15 at Funki Artzimtha Studio. For ages eight to 11. Observe elements of art, use many media types and sources, capture new techniques and application, learn art history, and keep a daily sketchbook. With a field trip to the Mendel Art Gallery. To register email funkiartzimtha@gmail.com.

Engineering for Kids Summer Camps

Until Aug. 15, inspiring the next generation of engineers. The engineering of medieval times for ages seven to 11, and junior mechanical and civil engineering for ages four to 12. For information or to register visit engineeringforkids.net.

Police in the Park

Aug. 15 10:30 a.m. to 12 p.m., at the Forestry Farm. Hosted by Mommy Connections, bring food to cook in the barbecue. Sweet treats will be provided with a visit from Arne and Flax. Meet police officers, superheros, characters, friends, lots of a-suds, and parents to be. Admission is free. Donations will be collected for the Children's Hospital Foundation.



Art dig for artifacts at University of Saskatchewan science camp in Saskatoon. Photos: Jason H. Kari/Postmedia

Prescott Yoga

Mondays, 12 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 245 Third Ave. S. Taught to individuals or small groups to help with the transition to motherhood. One-on-one classes with a certified yoga teacher, suitable for four weeks to two years postpartum. Register at tinyurl.com/892443 or email funyoga@outlook.com.

Prescott Yoga

Mondays, 8 p.m. to 9 p.m., at Pregnancy and Parenting Health Centre, 245 Third Ave. S. Taught by a doula and certified yoga teacher. Information and fees for any type of pregnancy. Call 309-236-0443 or email myoga@outlook.com. No class on stat holidays.

Funki Artzimtha Summer Camps

Ages 10-12 at Funki Artzimtha Studio. For ages eight to 11.

Discover elements of art, use many media types and sources, explore new techniques and application, learn art history, and keep a daily sketchbook. With a field trip to the Mendel Art Gallery. To register email funkiartzimtha@gmail.com.

Grocery and Gittery Time

Saturdays, 10 a.m. at Indigo Books, 3032 Eighth St. S. In the last section, call 306-244-5371 or readacamp.com.

YAS Basketball Skills Camps Until Aug. 21 8:30 a.m. to 3 p.m., in Saskatoon. For ages seven to 16. Skills development camp, teaching rules, fundamentals and basic skills. Finishes with the North-South Invitational Tournament, Aug. 22-23. Register toll-free 306-342-3420 or readacamp.com.

University of Saskatchewan

Campus Monday to Friday, until Aug. 25, 9 a.m. to 12 p.m., at the University of Saskatchewan, Saskatology campus, computer science campus, medical research science campus and veterinary medicine campus. Visit www.saskatoonsu.ca/summer_camps.php.

10 a.m. to 4 p.m. at ACES Saskatoon, 50-2150 Eighth St. S. Various art series for kids ages five to 12. Visit aces.sask.ca.

George Read Parent and Preschooler Camp

Until Aug. 22 at Saskatoon. The camp is designed for parents and their preschool child to enjoy active rhymes, games, crafts and activities together. Register at 306-652-5448 or readacamp.com.

University Huskies Hockey Camp

Monday to Friday, until Aug. 22 at Rutherford Arena at the University of S. For ages five to 14. On- and off-ice hockey instruction as well as other daily activities. Visit www.saskatoonsu.ca/summer_camps.php.

Scotiabank Summer Camps

Monday to Friday, until Aug. 22 at Becker Creek. Includes music camp, adventure

camp, tennis camp and kids camp. Visit www.saskatoonsu.ca/summer_camps.php.

Adline Etienne Day Camps

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the University of S. College of Agriculture and Bioresources, 51 Campus Drive, Saskatoon. One four-day camp, campers must bring a lunch. Register at etienne.sask.ca/summer_camps.php.

Sci-Fi Saskatoon Summer Camps

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the University of S. Science camp, biotechnology camp, computer science camp, medical research science camp and veterinary medicine camp. Visit www.saskatoonsu.ca/summer_camps.php.

Summer Art Camp

Mondays to Fridays, until Aug.

22, 9 a.m. to 4 p.m., at Mendel Art Gallery. For ages six to 12. Draw, paint, collage, design, build, imagine and play. To register call 305-933-8647 or email priscilla@msu.mendel.ca.

Summer Ecology Camp for Kids

Mondays to Fridays, until Aug. 22 at the University of S. Various five-day camps for kids ages eight to 12. Visit scientists and learn about various elements of the environment. To register call 305-568-5339.

Living History Childrens Workshops

Mondays to Fridays, until Aug. 22 at the University of S. Museum of Antiquities. For ages six to 12. Activities, art projects, crafts, games and workshops featuring the cultures of the ancient and medieval world. Visit www.saskatoonsu.ca/summer_camps.php.

Markham Sports Camps

Mondays to Fridays, until Aug. 22 at the University of S. ages 12-17. Wrestling, basketball, contact football, volleyball, and various soccer camps. To register call 305-966-1091 or visit www.saskatoonsu.ca/summer_camps.php.

Summer Kids Day Camps

Mondays to Fridays, until Aug. 24, 9 a.m. to 4:30 p.m., at WascanaWest Heritage Park. For kids ages seven to 10. Exploring history, First Nations history and entertainment, healthy snacks and lunches are included. To register call 305-531-6767 ext. 244, or email cmorley@msu.mendel.ca.

Saskatoonsu Zoo Summer Camps

Mondays to Fridays, until Aug. 22 at the Saskatoon Zoo. For kids ages seven to 14. Learn about the animals and their habitats, explore the zoo, and games. Big lunch and snacks are required Monday to Thursday, with a campfire Friday. Visit www.saskatoonsu.ca/summer_camps.php.

The StarPhoenix

FESTIVALS SASKATOON



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EVENTS

Ninth Annual Northern Lights Bluegrass and Old Time Music Festival

Aug. 15-17 at the Northern Lights Bluegrass and Old Time Music Fest, 2000 northeast of 60th River featuring Jeff Serrapica & Colorado Los Tramontanas, The Noisen Ramblers, Le vent du Nord, The Cumberland Brothers, Cabin Wallin, Ryan Sweet, and a host of local artists. And, The Grindstones. Tickets at northernlightsbluegrass.ca, Long & McQuade, Musically Robinson, or at the gate.



Take a tour of the Main Residence, a 100-year-old house in Saskatoon on July 27. (Markus Pichler photo in Wednesday's Star)

River Landing Market

Saturday until Sept. 4, 8 a.m. to 2 p.m., at 120 Second Street Way in the 1200 block between 10th and 11th Avenues. Market: A wide variety of art, imports, home furnishings, fashion and more.

Antique Car Show

Aug. 16, 10 a.m. to 2 p.m., at Primrose Chalet, 300 Chez Chez. With the entrants by Laura Happy Green. \$100 at 306-975-0563 or stop by.

Block Party

Aug. 16, 10 a.m. to 5 p.m., at the corner of 2nd Street and Hill Street. Hosted by Citizen Craft and Bakery, Hidden Stitch and Bence Show, Music, vendors, and Scout Max Hill feed truck.

Live at Lunch 2006

Aug. 16, 12.30 p.m. to 1.30 p.m., at the Victoria School's Little Store Stage. Live local music curated on Broadway Ave.

PUTS & MATES

Aug. 16, 12.30 a.m. to 9.30 p.m., at Greenbrier Golf & Country Club. Hosted by New Hope Dog, because it's the last Texas scrabble golf tournament, golf dinner, and a silent auction. Tickets at newhopepoker.org.

Western Shakeshaw Classical Concert Tour
Aug. 16, 7 p.m., at the Synphony Office, 402 20th St. W. Three classical artists from the Canadian-Prairies perform classic works and famous operatic scenes. Featuring soprano Courtney Bridge, baritone Bayne Beveridge, and pianist Ryan Jacobs. Tickets at www.rtsat.com or at the door.

Marr Open House

Aug. 16, 1 p.m. to 4 p.m., at the Marr Residence, 220 10th St. E. A tour of the house and the ambient Marr Garden.

Vagabond Saskatoon

Aug. 16, 10 a.m. registration, 9 a.m. to 2 p.m. yoga. In Friendship Park. Join 45 cities around

the world in this event. With trainer Shreya Shukla, 80+ activities, entertainment, music and food. Register and donate at www.vagabond.org or send a tax-deductible gift to provide free schooling to children in impoverished countries.

Cherry Festival

Aug. 17 in the grounds and eastbound of the trail. There are activities in the tent, 50-50, and a silent auction. Breakfast from 8 a.m. to 11 a.m., cherry smoothies, burgers and cherry candies after 11:30 a.m. Entertainment, children's activities and music. www.cherryfestival.ca

Editor's Note

Aug. 18, 10 a.m., at Primrose Chateau, 300 Chez Chez. Duo entertainment. With light refreshments. \$25 at 306-975-6665.

The Concerts

Aug. 19, 7.30 p.m., at St. Andrew's Presbyterian Church, 436 Soudan Cres. The Lyric Guest Recital Series. Featuring pianist Timothy Steeves, violinist Nancy Dahn, and cellist Simon Fryer. Works by Schubert, Beethoven and Brahms. Tickets at Yamaha Piano-Matthew Johnson, or at the door.

THEATRE

Maze

Until Aug. 24 at Station Arts Centre, 101 10th Ave. Rosthern. When Paul and his wife's grandfather Paul embark on a drive from Calgary to Mesa, Arizona, they have very different goals in mind. What begins as a desperately long trip for this unlikely pair turns into a warm hearted journey of friendship and self-discovery with plenty of laughs along the way. www.rtsat.com

A Clear Walk with Patsy Cline

Until Aug. 26 at Penthose Theatre & Globe Theatre production. Follow the legendary country and western music sensation as she strives to succeed... from small town Virginia to the top of the musical charts. www.penthose.com Tickets at 306-364-7727, www.penthose.com

Shakespeare on the Saskatchewan

Until Aug. 31 at the Shakespeare site (Morneau and Juliet and The Taming of the Shrew). Tickets at 306-269-1800, [ticketsask.ca](http://www.ticketsask.ca). www.shakespearesaskatchewan.com

Want to help? Write www.vagabond.ca or www.rtsat.com or write www.cherryfestival.ca

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SHARP EATS

See a food trend you think deserves a highlight in Bridges?
 Email bridges@thestarphoenix.com
 or visit Bridges on Facebook

SASKATCHEWAN FOOD SCENE

Food tour the first of its kind in Saskatchewan

By Jenn Sharp

If you're the indecisive type, there's a new way to try out the best eats from a variety of restaurants.

Taste-It Food Tours, consisting of a walking tour of several foodie spots, plus some historical tidbits along the way.

Patti Rodgers started the culinary tour business the first of its kind in the province after trying similar tours in Smithfield, Ariz., last winter. A retired principal, she came home and got the ball rolling. Taste-It Food Tours started up in Moose Jaw this summer, with tours coming to the city, Brandon and Borden.

She uses Moose Jaw as the perfect place to begin the tours. The city, which started as a railroad town in 1881, has a fascinating history and most of the restaurants are in the walkable downtown area.

The three-hour tour stops for about 30 minutes at each place, where eaters can serve a signature dish on a smaller tasting plate, plus a drink. The tours can accommodate up to 30 people and can be booked for private groups, as well.

To book a tour go to www.taste-it.ca. Tour price ranges from \$10 to \$19 and runs until the end of September.

A Cathedral Village Innches tour and Queen City downtown dinner tour will start the week of Aug. 13. Rodgers hopes to have more tours running in Saskatchewan before the season ends.

OLIV TASTING ROOM

Oliv's tasting room, the brain child of Moose Jaw physician Andre Tozi and Jim Van Imhoff, is a sight to behold. The cupboard location stocks all of the company's 60-plus olive oils and balsamic vinegars. Oliv franchises are located throughout Canada.

The balsamic vinegar is dark brown and thick, almost like syrup. That's because Oliv's vinegars contain a high percentage of grape



Devonian in Moose Jaw is now located in 10 other locations across Canada. (Courtesy Oliv for this issue)

olive oil juice and skins left over after pressing grapes for wine). The dark balsamic is aged in oak barrels, while the light balsamic is aged in acacia, maple, or chestnut wood barrels. Full of flavor and with virtually no fat or sugar, the vinegar is a healthy alternative to heavy sauces or dressings.

The olive oil is sourced from the company's olive groves in South Africa, along with partnerships they have with farmers in Greece and elsewhere. Try out the bistro dinner or popcorn or the bacon and egg griddle cakes.

HOPKINS DINING PARLOUR

The slogan here, "a dining adventure into yesterday," is fitting as this historic eatery has been back to the Victoria Inn since 1908. The building was originally a grand house built by Edward Hopkins in 1890.

The Parker family turned the house into a restaurant 30 years ago. Owner Gladys Parker says they were the first spot in Borden-Keewatinow to serve chicken wings.

The geno of Hopkins is the top of the Parlour room on the third floor. Large south-facing windows bathe the room in light and mir-

rors line one wall. Shut off from the rest of the facility, it's a great place to have a party. Hopkins is known for their prime rib and牡丹花 (牡丹花) prime dining fare ... we tried an appetizer sampler of Greek-style beefalo chicken wings, potato skins, Caesar salad and calamari. I would go back for the housemade truffles alone ... it's that good.

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Hopkins Dining Parlour in Moose Jaw

SHARP EATS

GRANT HALL

Built in 1910, Grant Hall was the place to be in the '20s. In fact, Moose Jaw was the place to be in that era, too. Al Capone's \$1-million tunnel helped Canadian whiskey make its way to prohibition-era Chicago, and that same whiskey supplied the city with ample bladders. Frankly, though, it's prime in the bars on River Street.

While Grant Hall was not officially a CFR hotel, it was marketed after other grand CFR hotels of the time, and hosted a number of celebrities and royal guests.

The building later became home to various restaurants. By 1988, it had become an upscale bed and breakfast for tourists. Werner Albrecht, a Regent's Furniture store owner, bought it for \$10, and in 2001 began an extensive renovation project with his brother Alfred and Kraus Design.

The new Grant Hall dining room opened in 2003 to the public, and the boutique hotel opened earlier this year.

We were served an incredibly fresh spring greens salad with a mix of parsnips, radish and asparagus, spring onions, and Mediterranean-style marinated mushrooms and calamari. A glass of The Wolfgang's Wagner Chardonnay blanc provided the perfect balance to the sweet pineapple and salty mushrooms. Plus, we were seated in a grand room with high ceilings, a twinkling chandelier and ornate furnishings, which made it all the better.

CORONA RESTO

The Mediterranean-themed restaurant, where the smells of garlic, bread and tomatoes will through the air, has been a natural stay in Moose Jaw for years. Two years ago, the executive chef, Shawna Corson and her wife Rebecca bought the business.

A tasting plate of Caesar salad and Spaghetti Bolognese was finished off with a pink macaroon topped with caramelized onions. While the salad and spaghetti were fine, the pasta was a tad overcooked and a little too sweet. An overly sweet cocktail was a poor slanging match for the meal.

KOBAY'S PLAGE OLDE WORLD TAVERN

Hobby's Restaurant who掌管了它的Chase's，一直被看作是加拿大的一个传奇。然而，他从没有放弃他的梦想。他的女儿Moose 和他的妻子Natalie Moose 开了一家名为他的父亲，在High 街上的酒吧。一个很大的理由是，他的妻子和她的母亲经常在酒吧里，玩着她的女儿们。

Known for having the best fish 'n' chips in Moose Jaw, the delicately battered cod and



(Left photo) Grant Hall was (left) built in 1910 as a luxury hotel in the Regent Building at River Street. (Above) A spring greens and asparagus salad at Grant Hall. (PHOTOS BY ALICE WATSON FOR THE STAR)

home-cooked fish did not disappear. The staff at friendly place they stuck over 40品种 of soups, meat and baked potatoes — what's not to love about Hobby's Place?

DE LA VU CAFE

This pretty little cafe, owned by Tammy and Brendon Richardson, was featured on *Yalla! Come Eat Here* last year and the food is great — you won't find more rice rice or string beans anywhere else. The huge

chicken fingers and home-style macaroni are the stuff of legends.

Our tour got to try a scrumptious plate of deep-fried mussels. More Boni, chives and horseradish. Really, when you deep fry anything, it's going to be good but the pearly white chocolate coming out of a crispy dough pocket was the best.

WWW.DELAVUCAFE.COM
TAMMY@DELAVUCAFE.COM



(Opposite) A sampling of popular dishes from Corazon Bistro. Counter-clockwise: spaghetti and meatballs (Misti photo). The fish (not to sample, as it is not served here) is the size of a whale. (Left) A Place (bottom photo) A sampling of Deli (not to sample, as it is not served here) is a sampling of Deli (not to sample, as it is not served here) cheese cake and brownies.

MUSIC

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BLUEGRASS TRIO

New generation, old sound

By Ashley Martin

On a pondside lawn, former members of the band Goodbye Moon sit on a wooden bench. From left to right, they are Jason LaLonde, Kristen Thompson and Kaiten Frostee-Koosenga. They are all wearing period clothing, including hats and dresses. The background is a lush green lawn and trees.

It's a good bet her bandmates are ignorant of the subject too: that they sure sound good harmonizing about it.

Lalonde, Kristen Frostee-Koosenga (11) and Kristen Thompson (16) make up *With the Old*, a bluegrass trio based in Sudbey.

This week marks their first anniversary — they decided to form a band of last year's Northern Lights Bluegrass Festival, with a bit of practicing by Thompson.

"I had been bugging Jason for a couple months prior to camp that we should start a band or jam or do something," said Thompson.

"I've been playing solo for a year and playing by yourself, you can tell there's something missing. Like you need more sound, it just didn't feel like enough. I guess I really wanted a band and I knew I wanted a bluegrass band, and I knew Jason from camp. I knew how good he was at being a banjo player so I picked him up in conversation."

They jennied at camp, and Frostee-Koosenga stumbled upon them. "He was in a hallway."

"Kaiten, she asked me if I wanted to start a band and I was like well sure," said Frostee-Koosenga, the band's primary songwriter. "I was always looking for people to play with."

Toronto band The Raging Bluegrass Bop, performing at the 2011 Northern Lights, inspired Thompson to start a bluegrass band.

"It was so awesome when I watched them and just the way the harmonies sounded. They all took off and then one guy would walk up and do a solo and then



Allen Frostee-Koosenga, Jason LaLonde and Kristen Thompson are With the Old. (PHOTO BY CHASE BARRETT)

staff and I thought 'haha' would be kind of unique," said Lalonde.

His countrymen have been mixed it up at camp.

The Lalonde has learned vocal harmonica and guitar and banjo over the past four years. Frostee-Koosenga has studied vocal harmonica twice. They both opted for mandolin this year.

"I've been teaching myself. I got my mandolin for Christmas, took it out of the library and did that," said Frostee-Koosenga.

While Lalonde "was pretty much raised on that type of music since I was seven or eight or something," his bandmates were not initially

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While Lalonde "was pretty much raised on that type of music since I was seven or eight or something," his bandmates were not initially

Thompson's introduction to bluegrass music came from a poster of the Nickelodeon supergroup stare advertising Northern Lights.

"I always just thought it was cool country music and that's it. I had known some of the artists and I didn't even know it was bluegrass I was listening to."

"I had never even listened to bluegrass before then," said Frostee-Koosenga, who learned of the band through her mom's Google search. This will be her third year attending.

Being a band has presented some challenges, given that Thompson

has a two-hour drive to Rosetown and doesn't yet have her driver's license.

When they can get together to practice, it's usually a marathon session from 9 p.m. to 4 a.m.

"Locally there's a book club.

They post new songs to their private page and give each other homework in terms of scales and musical notation.

Their experience with long distance will come in handy as Frostee-Koosenga heads to MacEwan University this fall to begin music studies. ashley@starPhoenix.com Facebook.com/ashleytmartin91

MUSIC



Saskatoon-based trio Witch Day (right) of last year's Northern Lights Bluegrass Festival. Photo: Chris A. Muir

Northern Lights Bluegrass and Old Tyme Music Festival

FRIDAY

- 5:45 p.m. — River Sisters
- 6 p.m. — The Old Pickers
- 6:45 p.m. — Bob McKeown
- 7 p.m. — The Slocan Ramblers
- 7:45 p.m. — Meg Elliot
- 8 p.m. — Old Time Dance with Carl Volpert
- 9 p.m. — River She Hollers
- 9:45 p.m. — ArtisanString and Colorado
- 10 p.m. — The Barnmen
- 10:15 p.m. — Los Texmaniacs

SATURDAY

- 10:30 a.m. — Freddie and Shelly Pelletier
- 11 a.m. — Layzay's Finest
- 11:30 a.m. — The Old Pickers
- 12:15 p.m. — William McConnell
- 12:30 p.m. — The Cumberland Brothers
- 12:45 p.m. — Straight from the Hart
- 1:30 p.m. — Le Vent du Nord
- 2:15 p.m. — River She Hollers
- 2:30 p.m. — ArtisanString and Colorado
- 3:15 p.m. — Meg Elliot
- 3:30 p.m. — Youth Showcase
- 4:15 p.m. — Bonnie Lopen
- 4:30 p.m. — The Old Pickers
- 5:15 p.m. — The Buckets

5:30 p.m. — Ryan Solidt
 6:15 p.m. — Bob McKeown
 6:30 p.m. — The Cumberland Brothers
 7:15 p.m. — KES Trio
 7:30 p.m. — The Slocan Ramblers
 8:15 p.m. — The River Sisters
 8:30 p.m. — Le Vent du Nord
 9:15 p.m. — WBN The Old
 9:30 p.m. — Jeff Scroggins and Colorado
 10:15 p.m. — Midnight Rides
 10:30 p.m. — Los Texmaniacs

SUNDAY

- 10 a.m. — Sunday Morning Gospel with Irvin Armandson and Friends
- 11:15 a.m. — The Budd Family
- 11:30 a.m. — Freddie and Shelly Pelletier
- 12:05 p.m. — Dick Brisket
- 12:45 p.m. — Ryan Solidt
- 1:15 p.m. — The Buckets
- 1:30 p.m. — Los Texmaniacs
- 2:15 p.m. — KES Trio
- 2:30 p.m. — The Cumberland Brothers
- 3:00 p.m. — Le Vent du Nord
- 4:15 p.m. — Meg Elliot
- 4:30 p.m. — The Slocan Ramblers
- 5:15 p.m. — Finale

WINE WORLD

SASKATCHEWAN WINE SCENE

Italian red goes from cocktail hour to after dinner cheese

By James Romanow

There are about a dozen wines in the world that are meant to be for any pairing needs.

Most folks get around quite quickly to the great French wines — Bordeaux (left and right bank), Burgundy, Chablis and Chateauneuf. But Italy makes some absolutely must tries too, and for some reason it takes people longer to discover these.

I've been a fan of Italy's Primitivo since my first taste of it at a cocktail wine bar people like me — a good one starts around \$10.00 a bottle. It's fairly inexpensive table wine from the south that the wine scene is having the trend of going to in B.C.

Wines are now being crafted at all wine brands, but in the last decade some extraordinary Barbera has been made. A crisp acidity and decent fruitiness make for a medium-bodied and extremely likable wine.

Lately some makers have been letting the grapes ripen longer, creating some powerful examples. I tend to buy the more common and less expensive ones because they are so drinkable. (Although I admit to chasing Barbera d'Alba, a sub-district that has some lovely examples and can give the best wines in the world a run.)

SLGA recently listed a Barbera from Ron Terzola. If you're seeking a really nice red wine that can go with anything, this year's code



will last through to your after-dinner cheese, that should be on your short list. The palate is mostly dark fruit like plums and blackberries, although there is some spice — pepper, cinnamon and cloves — in the bouquet.

You can find a Barbera for you'll also

want to hunt down the Sestini Barbera from B.C. Sestini Co-op carries it, but there aren't many barrels in the province.

Brezzando Barbera, Italy \$13.99 *****
 More wines, cocktails and beers on Twitter @jrdhouse

Crossword/Sudoku answers

ST	FO	R	AN	GE	BA	LI
E	A	J	A	H	S	E
J	U	S	E	I	E	N
T	A	R	I	V	E	S
S	T	E	A	D	S	O
M	A	G	E	T	T	R
H	A	R	E	O	U	G
A	D	A	S	C	A	G
B	R	E	A	T	R	C
S	O	R	A	E	S	A
T	U	E	S	A	E	R
A	D	E	M	E	T	E
E	L	S	A	R	D	D
F	E	T	E	E	Y	D
E	S	E	E	D	Y	Y
T	E	E	E	D	Y	Y

3	1	7	6	4	9	8	2	5
9	2	4	5	1	8	3	6	7
6	8	5	7	2	3	1	4	9
8	6	1	4	5	7	9	3	2
5	4	9	2	3	1	7	8	6
7	3	2	9	8	6	5	1	4
1	5	6	3	9	4	2	7	8
2	7	3	8	6	5	4	9	1
4	9	8	1	7	2	6	5	3

Watch for delivery on August 13!

LEISURE GUIDE



The City of Saskatoon Leisure Guide is your community source for a variety of arts, culture and recreational activities throughout the Fall season.

Keep the Guide from September 1 through December 31 and refer to it to find drop-in and registered* program activities for all ages.

*Registration for Fall programs begins August 17 at 6 p.m.

Get the Guide, Keep the Guide!



City of
Saskatoon

www.saskatoon.ca/go/leisureguide

BRIDGES

SAVE
\$950*

PLUS!
RECEIVE
\$500

INSTANT
REBATE
WHEN YOU
BUY 3 OR MORE
SELECT APPLIANCES

OWNER
DEAL

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FREESTANDING
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REFRIGERATOR
WITH TRICLIMATE
SYSTEM AND WATER DISPENSER

PRICE AT
\$1899

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Maytag Laundry
Bundling Deal
Includes:
Front Load Washer
Front Load Dryer
Maytag
\$150

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Maytag Laundry
Bundling Deal
Includes:
Front Load Washer
Front Load Dryer
Maytag
\$300

SAVE \$500
Maytag Laundry
Bundling Deal
Includes:
Front Load Washer
Front Load Dryer
Maytag
\$500

INCLUDES
PDD 2002

INCLUDES
PDD 2003
PDD 2004

INCLUDES:
Maytag Laundry
Bundling Deal
Includes:
Front Load Washer
Front Load Dryer
Maytag
\$500

*Whichever purchase: PDD 2002 appliances



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3 OR MORE SELECT
APPLIANCES

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INSTANT REBATE
WHEN YOU BUY 2
SELECT APPLIANCES

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WITH TRICLIMATE

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21 cu. ft. Capacity
Frigidaire Refresh® Series
French-Door Refrigerator

BUTTERFLY CLEAR
COOKER OVER-ELECTRIC RANGE

\$1199

For Convection Cooking
(Cook system only)
20" x 36" (Front) x 36" (Rear)
depth

TRICLIMATE
REFRIGERATOR
\$649

FRIGIDAIRE
REFRIGERATOR
\$649

FRIGIDAIRE
REFRIGERATOR
\$649

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5th St. E. & Goodale Ave. Behind Cave Restaurant
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\$1268 PAIR
4.5 cu. ft. (34.0 CF) Capacity
WaterWall™ Technology
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Reduction System
300001

PEDESTALS \$229 EACH



WASHER | DRYER



Whirlpool

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5.3 cu. ft. (34.0 CF)
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Sanitize Cycle with Steam
300004

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WASHER | DRYER



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Stainless SteelWash System
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WASHER | DRYER



Whirlpool

CARRIER™ PLATINUM HIGH EFFICIENCY TOP LOAD WASHER
\$1098 PAIR
4.4 cu. ft. (31.0 CF) Capacity
Stainless Steel Wash System
Book Only Cycle
300006



WASHER | DRYER



Whirlpool

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\$1698 PAIR
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WaterWall™ Technology
Sanitize Cycle with Steam
300002

DUET™ ELECTRIC
PEDESTALS \$229 EACH



WASHER | DRYER



Whirlpool

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\$1598 PAIR
5.3 cu. ft. (34.0 CF)
WaterWall™ Technology
EcoControl™ Cycle
300003

CARRIER™ PLATINUM ELECTRIC STEAM DRYER



WASHER | DRYER



Whirlpool

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\$1098 PAIR
4.4 cu. ft. (31.0 CF) Capacity
Stainless Steel Wash System
Book Only Cycle
300007



WASHER | DRYER



Whirlpool

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\$898 PAIR
4.4 cu. ft. (31.0 CF) Capacity
Stainless Steel Wash System
Book Only Cycle
300008



WASHER | DRYER



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4531 St. E. 1st Ave. N. (2 blocks N. of Circle Bk.)
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7th St. E. & Goodale Ave., Behind Case Restaurant
Sunday Hours 4-8:30 pm



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\$84918 cu. ft. Capacity
with Water/Ice Dispenser
SCRIMM™ Glass Shelves
30001FREESTANDING EASY CLEAN
ELECTRIC RANGE**\$599**18 cu. ft. Capacity
Thermotemp
Management System
Scratch-Resistant Glass
30002**\$299**18 cu. ft. Capacity
21 cu. ft. Capacity
3 Baked Settings
30003**\$399**18 cu. ft. Capacity
with Water/Ice Dispenser
30004

PLUS! RECEIVE \$500 INSTANT REBATE**
WHEN YOU PURCHASE 3 OR MORE SELECT APPLIANCES

PLUS! RECEIVE \$300 INSTANT REBATE**
WHEN YOU PURCHASE 2 SELECT APPLIANCES



BOTTOM MOUNT
REFRIGERATOR
WITH FREEZER
DRAWER
\$1199

18 cu. ft. Capacity

LED Interior Lighting

Door Defrost

30005

FREESTANDING
SELF-CLEAN
ELECTRIC RANGE
\$799

18" x 30" Burner

External Fan

Connection

30006

WASHING
MACHINE
\$699

4.5 cu. ft. Capacity/Washer

3.0 cu. ft. Dryer

Prewash-Plus System

30007

TALL TUB BUILD-IN
DISHWASHER
\$699

18 cu. ft. Capacity

Prewash-Plus Option

Prewash-Plus System

30008



CHOICE
WASHER
DRYER

FREESTANDING EASY
CLEAN ELECTRIC RANGE**\$429**Electric Convection
Cook Large Roaster
30009

TOP MOUNT REFRIGERATOR

\$49918 cu. ft. Capacity Full Width
Over-the-Door Beverage Dispenser
Scratch-Resistant Glass Shelves
30010BOTTOM MOUNT FREEZER
REFRIGERATOR**\$729**18 cu. ft. Capacity
Convenience Control
Humidity Controlled Drawers
30011

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Sundays Noon-4:30 pm

SAVE the TAX

July 31 - August 31, 2004

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KitchenAid

INTERNAL
WATER DISPENSERFRENCH DOOR BOTTOM MOUNT
REFRIGERATOR WITH
FREEZER DRAWER

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26 cu. ft. Capacity
French Door Refrigerator
with Bottom Mount
Freezer and LED Interior Lighting
402001

TALL TUB BUILT-IN DISHWASHER

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Proline™ Cycle
Senses the Next Upper Rack
402001FREESTANDING
SELF-CLEAN ELECTRIC RANGE
WITH TRUE CONDUCTION

\$1499

30 cu. ft. Capacity
Self-Cleaning Electric Range
with True Conduction
402001

OVER-THE-RANGE MICROWAVE HEAT

\$649

10 cu. ft. Capacity
Quick Defrost cycle
402001

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INSTANT REBATE**
WHEN YOU PURCHASE 2 SELECT APPLIANCES**

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Futura™ Refrigerator with Adjustable Drawers
and Glass Shelves
with Self-Rest™ Technology
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SELF-CLEAN ELECTRIC RANGE

\$1999

Aquadry™ Technology
Clean Cotton
Taste-Adjusted Controls
402001

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DISHWASHER

\$1099

44 cu. ft. Capacity
Tall Tub
402001FREESTANDING
SELF-CLEAN DOUBLE
OVEN ELECTRIC RANGE

\$1499

30 cu. ft. Capacity
Self-Cleaning Double
Oven Electric Range
402001BOTTOM MOUNT
REFRIGERATOR WITH
FREEZER DRAWER

\$1399

20 cu. ft. Capacity
Bottom Mount
Innovative Compressor
Technology
402001TALL TUB BUILT-IN
DISHWASHER

\$599

Adjustable Upper Rack
Stainless Steel Interior
402001

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